



FORKLIFT OPERATOR TRAINING

Gain the Skills. Operate with Confidence.
Build a Safer Workplace.



5-DAY COMPREHENSIVE

THEORY & PRACTICAL SCHEDULE



01

5 DAYS



02

THEORY + PRACTICAL



03

CERTIFICATION
INCLUDED



EXPERT
TRAINERS



SAFETY
FOCUSED



PRACTICAL
LEARNING



CERTIFICATION
INCLUDED



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PRACTICAL TRAINING CENTER LOCATION:

Dommasandra Sarjapur Road,
Bengaluru

#Bangalore's Best Forklift operators training Center

PROGRAMME OVERVIEW

This 5-day forklift operator training Programme is designed to equip participants with the knowledge, skills, and confidence to operate forklifts safely and efficiently in industrial and warehouse environments.



Day-01

**Classroom &
Theory**



Day-02

**Basic
Operation**



Day-03

**Load
Handling**



Day-04

**Advanced
Practical**



Day-05

**Assessment &
Certification**



DAY-01

CLASSROOM & THEORETICAL TRAINING



Build foundational knowledge about forklift operations, safety rules, and industry regulations.



SESSION TOPICS

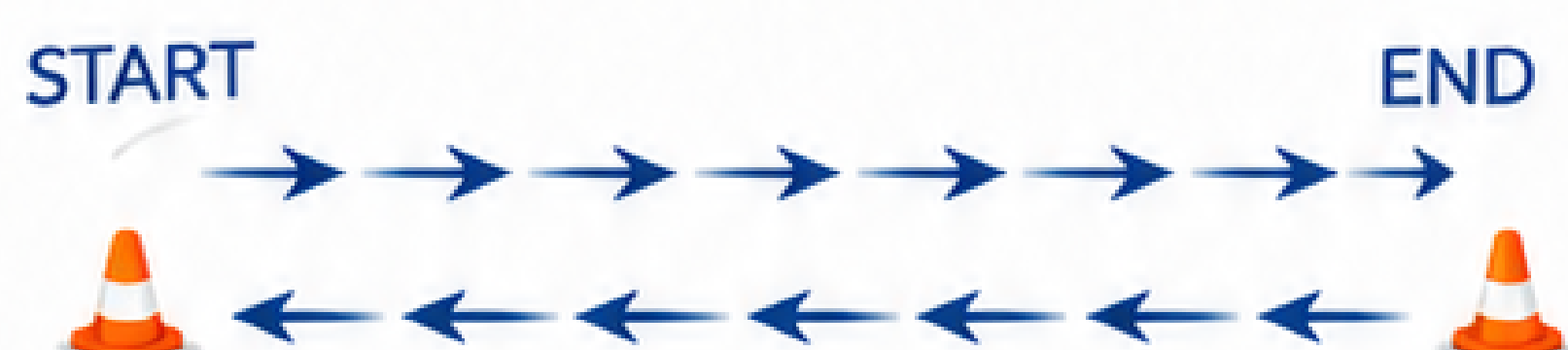
- Introduction to Forklift & Material Handling
- Types of Forklifts and Their Applications
- Forklift Parts and Controls
- Stability Principle (Triangle of Stability)
- Load Capacity and Load Charts
- Workplace Hazards & Traffic Management
- Pre-Operational Inspection Checklist
- PPE Requirements & Safety Rules
- Case Studies of Forklift Accidents
- Video Demonstration of Safe Operation

DAY-02 PRACTICAL TRAINING (BASIC OPERATION)

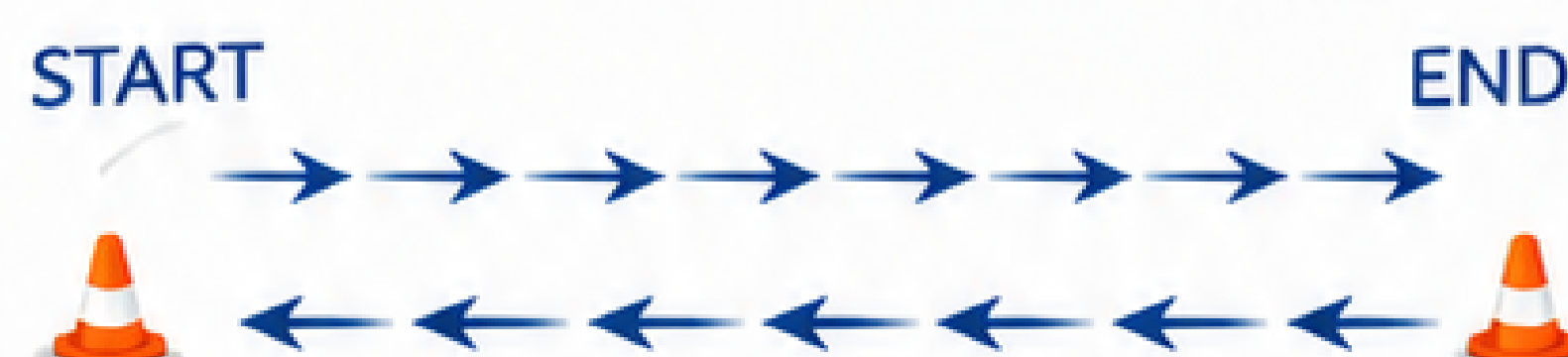


ROUTES

- 1** Route No. 1 - Go straight and turn and come back



- 2** Route No. 2 - Go straight and come in reverse



→ Forward

← Reverse



ROUTES

- 3** Route No. 3 - Front Zig-zag



- 4** Route No. 4 - Back Zig-zag



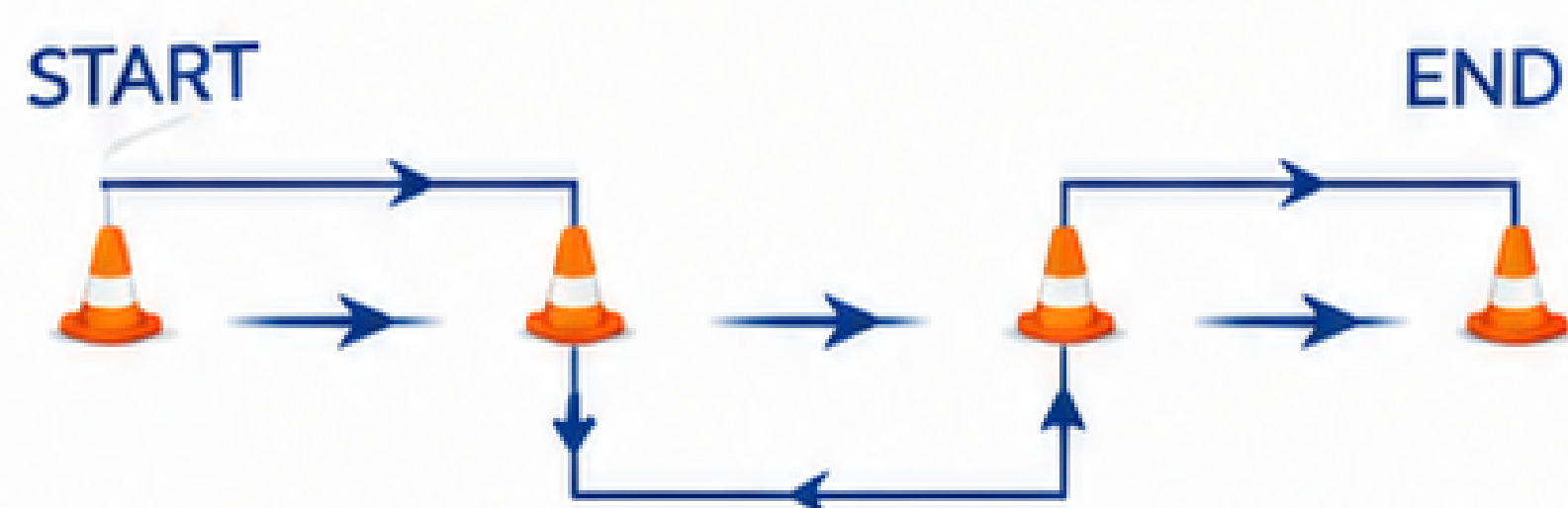
→ Forward

← Reverse

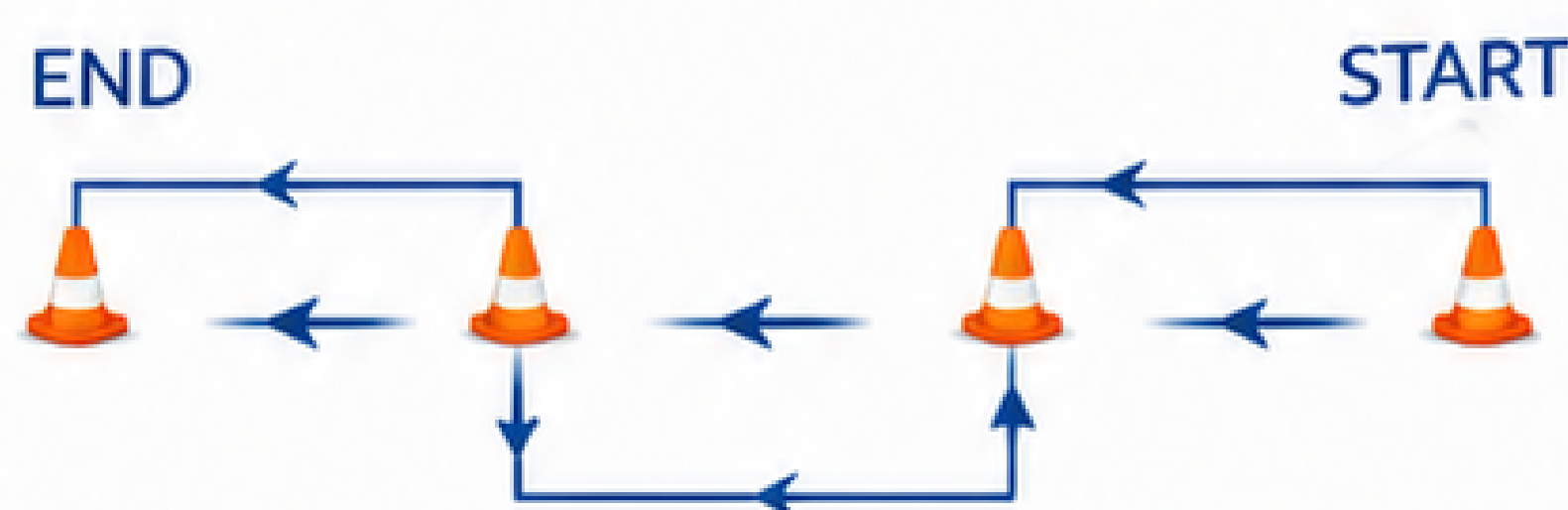


ROUTES

- 5** Route No. 5 - 90° Turn - Front



- 6** Route No. 6 - 90° Turn - Back



→ Forward

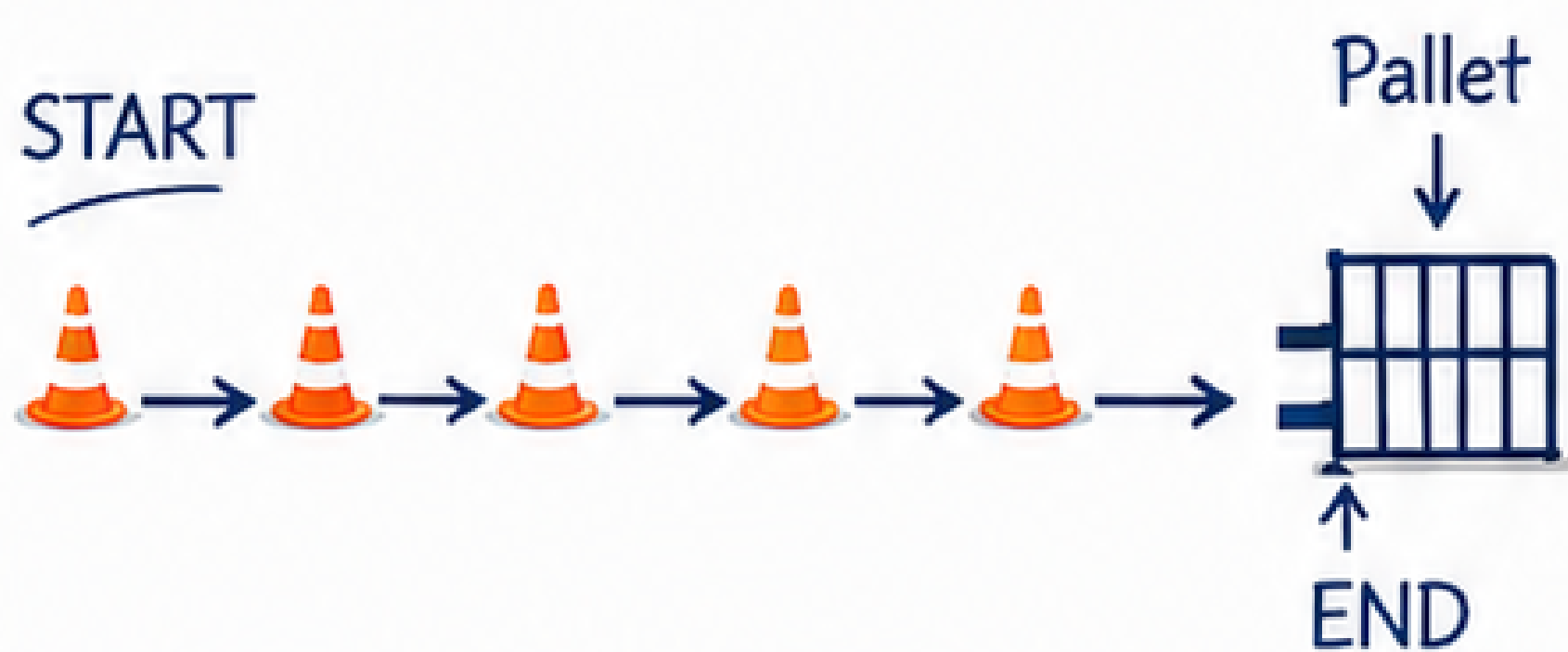
← Reverse

DAY-03 PRACTICAL TRAINING (LOAD HANDLING)

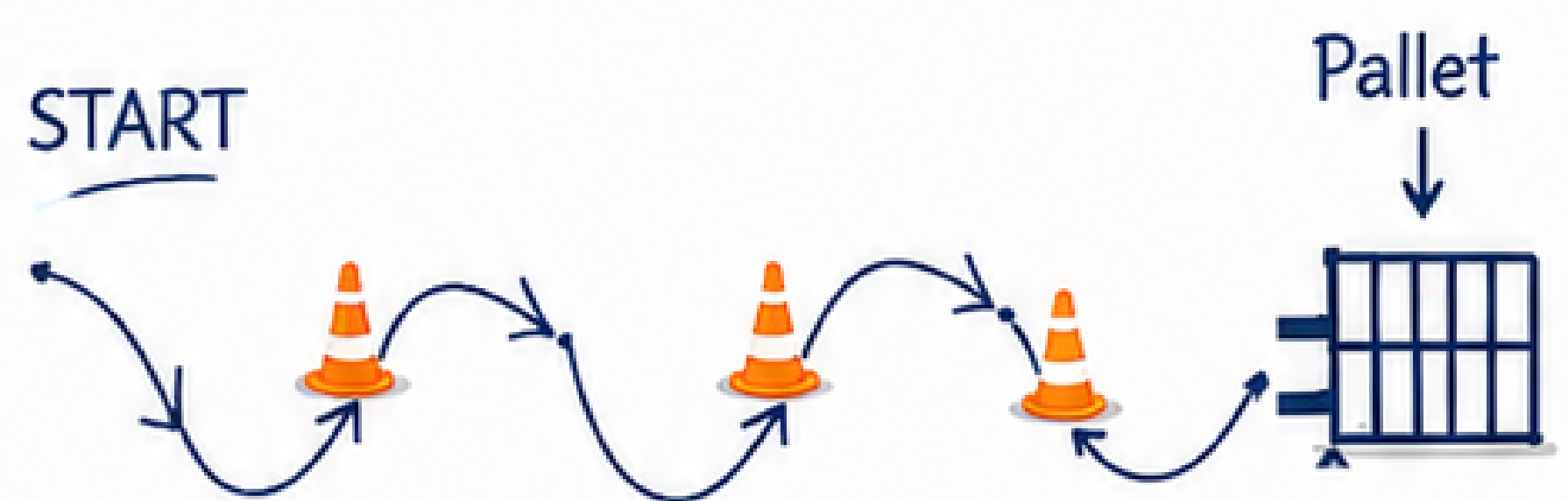


ROUTES

7 Route No.7 – Lift the Pallet



8 Route No.8 – Zig-Zag Lift the Pallet & Come Back



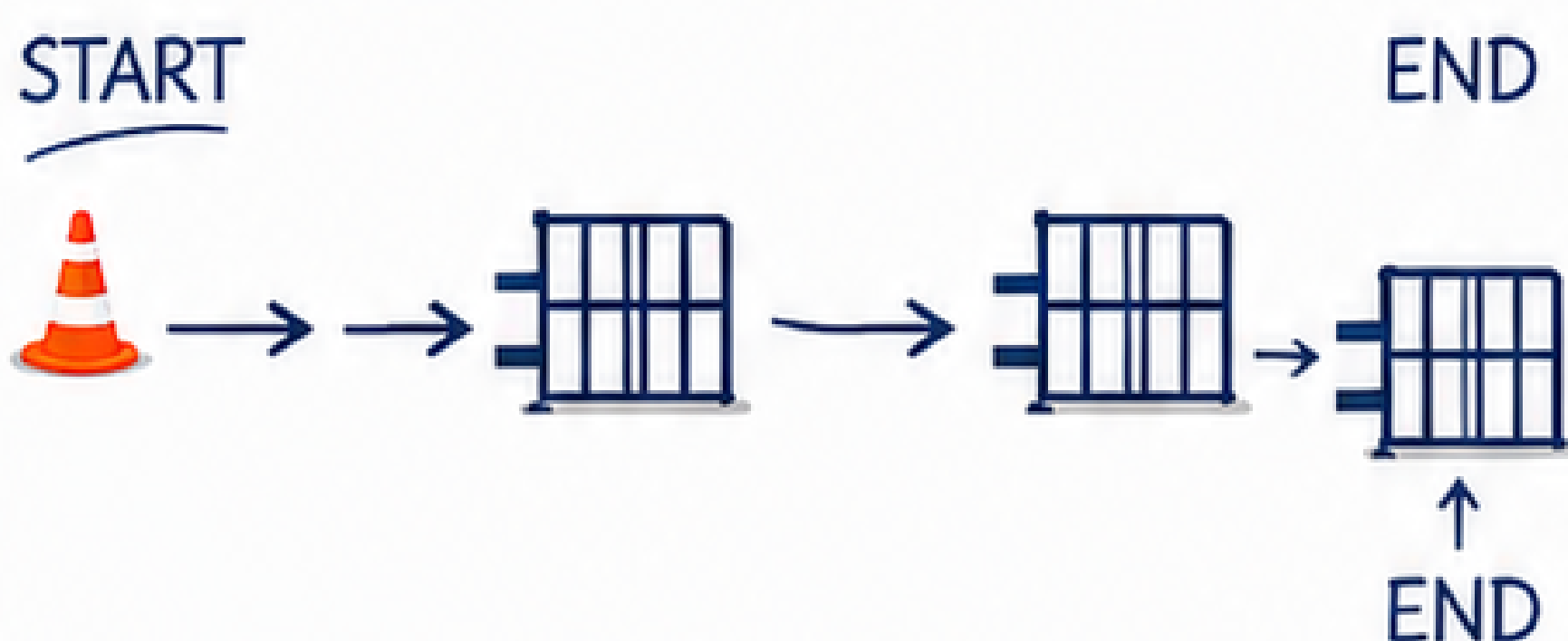
➡ Forward

➡ Reverse

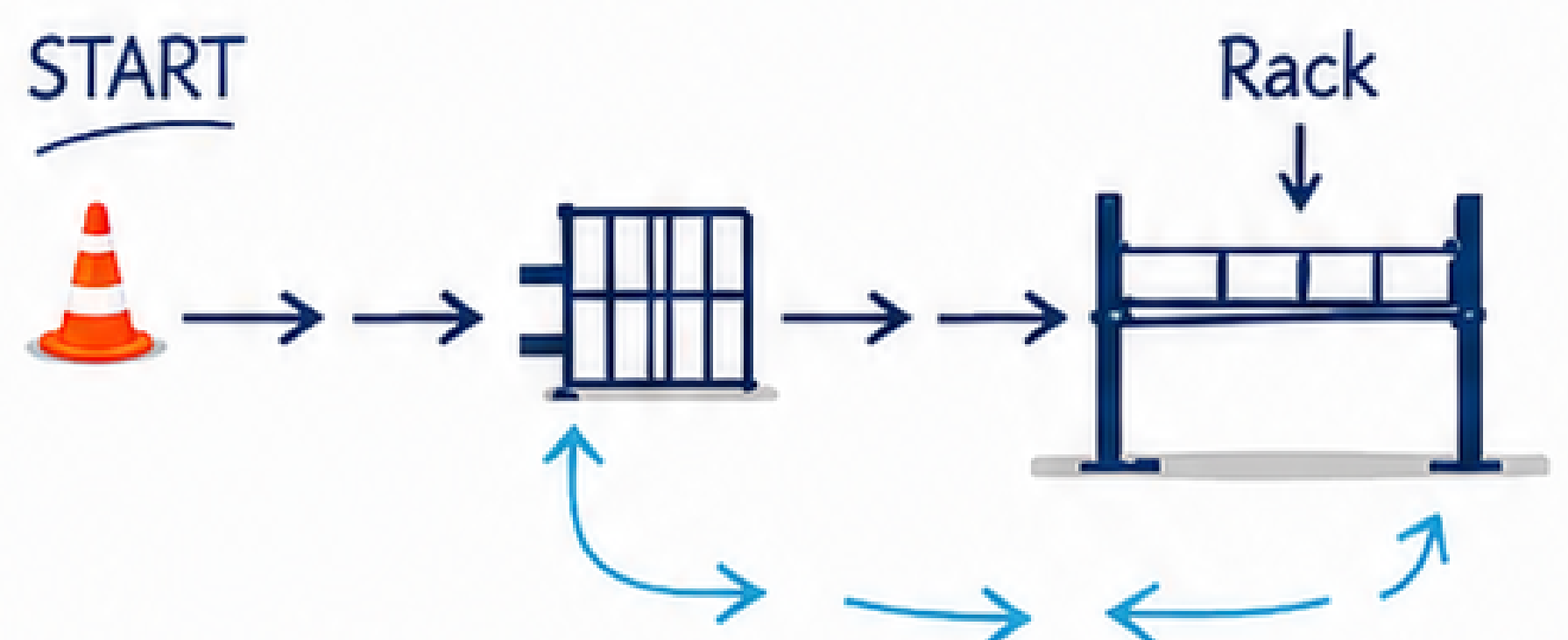


ROUTES

9 Route No.9 – Deliver Multiple Pallets



10 Route No.10 – Lift Pallet and Keep Rack



➡ Forward

➡ Reverse

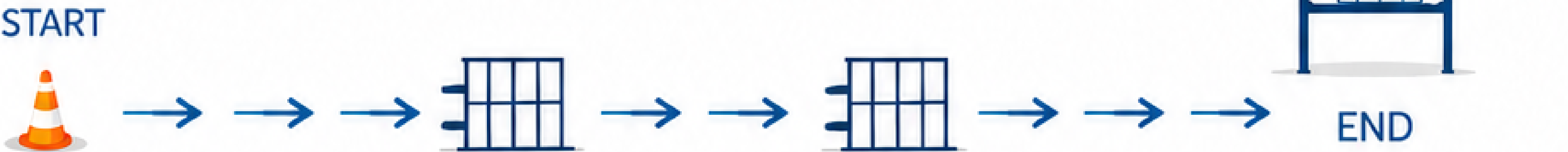
DAY-04 PRACTICAL TRAINING

(ADVANCED PRACTICAL TRAINING)



ROUTES

11 Route No.11 – Lift Pallet and Place in 2nd Rack

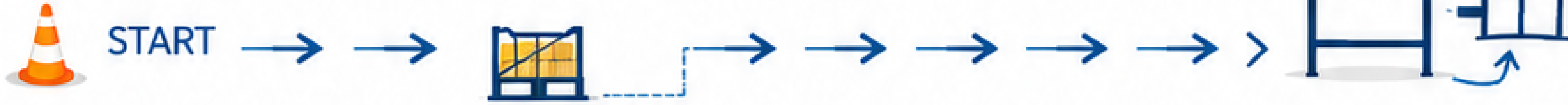


12 Route No.12 – Pick the Pallet from 2nd Rack Come in Reverse

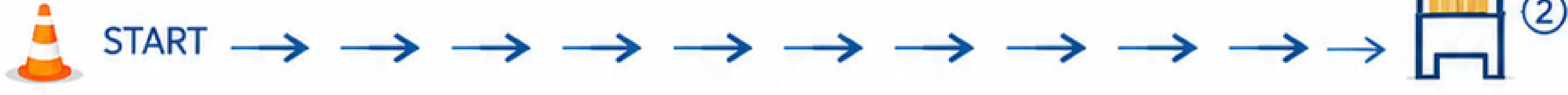


ROUTES

13 Route No.13 – Pick Pallet and Take 90° Turn



14 Route No.14 – Two Pallets



15 Route No.15 – Three Pallets



→ Forward ← Reverse

CLASSROOM REVIEW & FINAL ASSESSMENT



Evaluate each operator's theoretical knowledge and practical operational skills.



MORNING SESSION – CLASSROOM

- Recap of Safety Rules
- Hazard Identification Exercise
- Written Assessment / Quiz
- Discussion of common operator mistakes



AFTERNOON SESSION – PRACTICAL ASSESSMENT

Each operator will be evaluated on:

- Pre-operational inspection
- Safe starting procedure
- Driving control
- Load lifting and transporting
- Stacking and de-stacking
- Parking procedure
- Overall safety compliance



FORKLIFT TRAINING PHOTOS



CERTIFICATION CRITERIA

Upon successful completion of the 5-day programme, participants will receive their Forklift Operator Certification.



70%

Written Theory Assessment

Minimum score required



PASS

Practical Driving Test

Successful completion required

What You'll Receive



Official Forklift
Operator Certificate



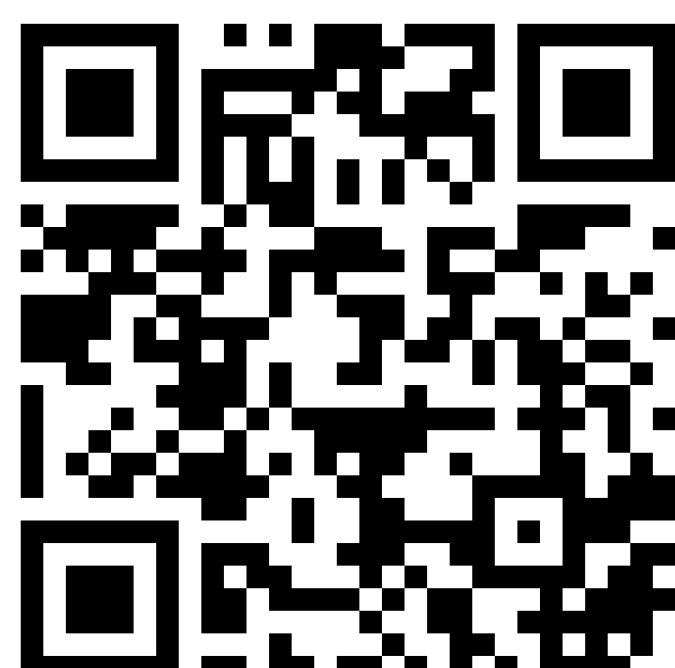
Competency Record
Card



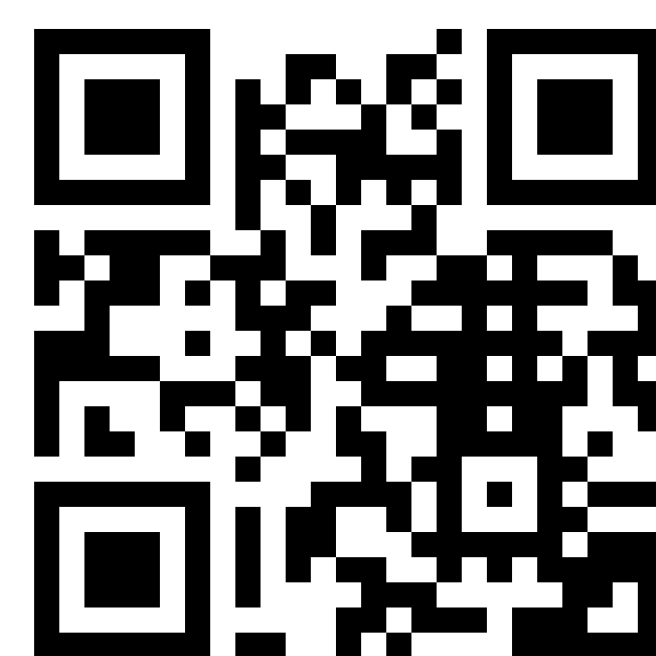
Eligibility to Operate
Forklifts Legally



Participants who do not meet the criteria will be offered a re-assessment opportunity.



YOUTUBE



WEBSITE